

# Roadrunner Review

Crystal Springs Parent Teacher Association



November/December 2019

## Upcoming Events

- Veteran's Day—11/11—No School
- PTA General Meeting—11/12—7:00 - 8:00 pm, Gym
- PTA DNO, MOD Pizza—11/19—10:30 am - 9:00 pm
- PTA Reflections Project Entries Due—11/22
- Parent/Teacher Conferences—11/21 - 11/27—Early Release at 12:40 pm
- Wednesday Early Release—11/6, 11/13, 11/20—Early Release at 2:30 pm
- Boeing STEM Club (Grades 4, 5) - 11/8, 11/15—4:00 - 5:00 pm
- Girls Basketball (Grades 4, 5) - 11/4, 11/5, 11/12, 11/18, 11/19, 12/2, 12/3, 12/9, 12/10, 12/16, 12/17 —4:00 - 5:15 pm, Gym
- Running Club (Grades 4, 5) - 11/6, 11/13, 11/20, 11/27 — 8:30 - 9:10 am, Gym
- Soccer Club (Grades 4, 5) - 11/7, 11/14, 11/15, 11/21, 11/22, 12/5, 12/6, 12/12, 12/13 —8:20 - 9:10 am, Gym
- Thanksgiving Holiday—11/27 - 11/28—No School
- PTA Bellevue Downtown Ice Rink—11/29 - 1/20
- Community Partnership—12/11—9:45 -10:45 am at Griffis
- PTA Board Meeting—12/17
- Holiday Assembly—12/20
- WINTER BREAK—12/23 - 1/3

NOTE: Stay tuned to the Crystal Springs PTA Facebook Page and the weekly "What's Happening" emails for updates.

## Becoming Familiar with PBIS

*Positive Behavior Interventions and Supports*

Parents are an important part of PBIS implementation. We encourage parents to use the same expectations and rules that the school teaches. This common language creates consistency and a unified support for expected student behavior. Have questions? Email us! →

## Meet Our PTA Board

### Meet Esther, VP Community Relations



Esther Smith with Family

I'm Esther Smith and this is my 1st year serving on the PTA Board. I'm originally from Shoreline, WA and graduated from UW before moving to the "eastside" and settling in Bothell in 2013. We have 2 boys who started Kindergarten here and are now in the 1st and 2nd grade. We have loved being part of the Crystal Springs community! Some important goals for Community Relations we are working towards this year are to promote diversity and inclusion within our PTA, provide more emergency resources for community members in need and have supports for families/children with extra needs. I am excited to be part of our PTA and work with our wonderful families, teachers and staff.

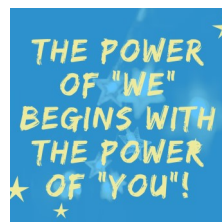
## Special Education/Inclusion Representative



Misha Carlstedt Robinson  
with Son

Misha Carlstedt Robinson is our new PTA Special Education/Inclusion Representative this year. She is here to offer support with the IEP/504 process and to assist with other questions or concerns you may have.

You can contact her at [misha.c.robinson@gmail.com](mailto:misha.c.robinson@gmail.com).



## November Membership Drive

Help Us Reach Our Goal of 350 Members by the End of November!

**Membership Tracker: 125/350**

**Website:** <http://www.crystalspringspta.org>

**Facebook:** <http://www.facebook.com/crystalspringspta>

**Email:** [crystal.springs.pta@gmail.com](mailto:crystal.springs.pta@gmail.com)

## The Green Corner

Crystal Springs is on its way to becoming a King County Green School. Last year a few staff members began working on the Level 1 Green School certification for Crystal Springs. Exciting accomplishments over the year included replacing plastic silverware with real silverware, creating a native rock garden, constructing water cisterns to collect rain water for our vegetable garden and improving our recycling program. Stay tuned for the exciting possibilities to come! ~Principal Anne Nielsen

### A big shout out to Andrea Penski for her amazing efforts towards this initiative!

A small way we can begin our own initiative is to choose reusable containers and bags. Some of our favorites are Bento-Style boxes. We also love reusable snack and sandwich bags that take plastic out of the equation. You can find most of these options available at your local Recology store or online.

Do you have an inspiring story about your own green initiative? A favorite product that helps the environment? Send us an email at [Crystal.Springs.PTA@gmail.com](mailto:Crystal.Springs.PTA@gmail.com)

## Family Engagement Highlights:

Social and Emotional Learning (CASEL)

In a world where emotional intelligence is critical for lifelong happiness, successful careers, and healthier relationships, social-emotional learning (SEL) is the process through which children and adults can better understand, manage, and express emotions and empathy, develop positive relationships, and make responsible decisions.

For More Information:

<https://casel.org/what-is-sel/>

## Internet Safety is AWESOME!



Trust me when I say that I wish I had this tool a few years ago. It can all start out innocent enough, and we all have that blind faith in our child, and hope that they will come to us about sensitive topics they pick up along the way either through

socializing or social media. We, as parents, can't be everywhere all at once, so when it comes down to internet safety, we need some help.

Children play their way to learning more about online safety:

[https://beinternetawesome.withgoogle.com/en\\_us](https://beinternetawesome.withgoogle.com/en_us)

Start Early! The more you engage with your child on sensitive topics that they can find even on Kids YouTube, the more they will understand later on.

Our sincerest thanks to our very own Special Education/ Inclusion Representative, Misha Robinson, for letting us know about this website.

For our Upper Elementary children, word around our school community is to invest in an internet monitoring app. Please ask your teacher for recommendations.

### Disclaimer:

These activities are not sponsored by the Northshore School District or any of its schools. The district assumes no responsibility for the conduct during or safety of the activities. Northshore School District shall be held harmless from any cause of action, claim, or petition filed in any court or administrative tribunal arising out of the distribution of these materials including attorneys' fees and judgments or awards.

## The Woman Behind the Art



MaryKay Webster with our new Crystal Springs Sign!

We are so appreciative for MaryKay, she is the heart of our CSPTA Art Community. This will be her 5th year as our Art Docent! Last year, our Art Walk was a success thanks to all of her outstanding efforts and team of docents that worked tirelessly in the background put our children's art work on display.

We asked MaryKay about this amazing sign that she made for our school. "When asked by Principal Anne Nielsen, to paint a 50"x50" sign relaying the positive message "Make it a great day", she left the design completely up to me. I was clueless and unsure where to begin? I started a few sketches of simple images; the message with some foliage, flowers, only a little bit of color. After showing my kids, it didn't spark their attention. Then I began to think of what an elementary school child would like to see and how I can show motivation in a drawing, not just words alone? I quickly began to sketch an image of *BeepBeep* the school Mascot. Once I showed the sketch to my girls, they got very excited! They exclaimed, "That's awesome" and "I love that!" Perfect! That was it. I found the image to paint for the motivational sign."

Thank you for all that you do, MaryKay! We can't wait to see what you and your team of art docents will be creating with our children this year!